

What you should know about trainers and trainer fees in GCYS

So as players and parents make the transition to competitive teams the coach is now allowed to hire a trainer for his or her team. GCYS is not a professionally operated club as it is mainly a recreational club with a few competitive teams. The difference between a rec club and a professionally run club is we are a volunteer operated club with very few paid positions. The other has a focus on competitive teams and a very large payroll with a few volunteers which drives the registration fees reaching as much as 2500.00 per player per year. With that said I would like to explain what determines the trainer pay as just because a person speaks with an accent does not necessarily mean they can train in GCYS. The type of credentials (license) and experience determines the fees they charge. The entry level license is an E and runs all the way up to an A license, the higher the license the higher the pay within a certain range. For instance, an A license trainer can demand 80.00 to 85.00 a session and can also include a room when traveling more than 80 miles from the club for tournaments. So, a typical team usually has two sessions a week and keeps 15 players on the roster. That would make 8 sessions a month X 85.00 equals 680.00, now we divide that by 15 players which equals 46.00 per player per every month training that will go on. Most

competitive teams practice from July thru November unless they make playoffs. Keep in mind some teams may have more players or less players, so you can pretty much figure out how much the trainers are charging by some simple math. All trainers must send their credentials to our DOT to be approved to train in GCYS, so if you have questions about the trainer you can them directly or ask the coach and even contact our DOT or myself. I also know we have no A licensed trainers in GCYS so if you are paying high fees ask questions and contact Stephanie Middlebrooks or myself.

Thank You

Coach Bear

Prez GCYS