

## *U9 & U10 Season Check List and Must Haves for the 2015/2016 Season for GCYS*

*1: Player cards and kid safe cards must be signed and laminated before the first game or this will result in a game forfeit*

*2: Coaches are responsible for hanging the nets and painting the game fields so please work together on this it makes it easy for everyone. Get parents to help with this while practice is going on.*

*3: The paint locker for TC is located at the 3V3 complex where the old Saint John's church used to be. The paint locker is on the left side and the combo is **1959**. If there are items that are needed and not in the locker you can purchase them and give the receipt to Dee Dee, Coach Bear or Max Donner and they will get money to you. Please throw away empty paint cans in the trash cans at the field **DO NOT BRING THEM BACK**. Paint locker for SF is the building by the fields and for GV is the conex by the park*

*4: Coaches are responsible for printing the game cards for the games see attached for those instructions. Each team is responsible for turning in a game card, (**HOME and Visiting**) Make sure when the game is over to get the card back from the referee but check them before signing them to make sure they are correct including score and if any cards were issued to a player. Once the cards are turned in they are final. There will be*

*a box to put them in at the Fatima fields and location is TBA. SF cards go in the mailbox at the building at the fields. GV cards check for the location.*

*5: Coaches and parents need to sign up for STATUS ME so they can get field info in case of inclement weather. Directions are on the club web site [www.GCYsoccer.org](http://www.GCYsoccer.org)*

*6: Always keep your parents in the loop of information the more the better. **ALSO INFORM YOU PARENTS THE REFREES WILL MAKE MISTAKES SO EXPECT THAT.** The way you handle those mistakes dictates the way the parents will react. So if you as a coach start yelling and screaming, talking crap to the refs your parents will do the same. So if they make a mistake or a bad call simply say ok now keep playing and remember you players feed off your actions as well.*

*7: Coaches make sure you are familiar with the club constitution and bylaws and the rules of the game which all can be found on the club web site.*

*8: Make sure your parents are aware of the location and time to be at the game with the proper color jersey on and ready to play and always have them bring the other color jersey to every game just in case you need to change. The standard rule for team jersey color conflict it is the home team changes that is why they need to bring the other with them because you never know what is going to happen. My older team comes to the*

*game 45 minutes ahead of time to warm up but the standard is 30 minutes ahead for warm up.*

*9: The trainer provided is for not only training the players or be a personal team trainer but to help train you all as coaches as well. So basically the way this works at U9 & U10 is the first 15 to 20 minutes the trainer brings all the players together to go over the drill of the day for the coaches see. Then when that is over they go to their teams for the coach to work with their players on that drill for the day and the trainer will bounce from team to team to assist where needed until the practice is over. The trainer is NOT RESPONSIBLIE FOR ATTENDING GAMES so it is very important for coaches to watch the game so you can give proper feed back to the trainers.*

*10: Know the proper protocol in the club for assistance of issues and I will list below so have fun with this learn and before you know it you will be like me going on my 23<sup>rd</sup> year with the club.*

*TC coordinator is Dee Dee Lillie*

*SF coordinator and U9 & U10 Program director is Lynn Peloquin*

*GV will combination of 2 folks Rebecca Castro then Carlos Reyes until Rebecca gets settled in.*

*Then last but not least if you still need further assistance you can contact me Richard (coach bear) Stark GCYS club president.*